

Keep the Change in 2019

Philippians 3:7-16

1. Four areas for focused Change

a. Physical fitness

“Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? For you have been bought with a price: therefore, glorify God in your body.” *1 Corinthians 6:19-20 NASB*

b. Spiritual fitness

“Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.” *1 Timothy 4:8 NLT*

c. Relational fitness

d. Financial fitness

“Know well the condition of your flocks, and pay attention to your herds;” *Proverbs 27:23 NASB*

2. Observations about change

- Permanent change is inward
- There must be a moment of declaration
- Change requires constant strengthening from God.

3. Three Corrections to experience change

a. Our _____ must be right.

b. Our _____ must be right.

c. Our _____ must be right.

Bob McCartney
December 30, 2018