



Tender Warrior
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Lesson 1

Bob McCartney

“Do this, knowing the time, that it is already the hour for you to awaken from sleep; for now, salvation is nearer to us than when we believed. The night is almost gone, and the day is near. Therefore, let us lay aside the deeds of darkness and put on the armor of light. Let us behave properly as in the day, not in carousing and drunkenness, not in sexual promiscuity and sensuality, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh in regard to *its* lusts.” *Romans 13:11-14 (NASB)*

What is “masculinity?” We are frustrated and confused.

Masculinity isn’t the problem. Masculinity is like a raw lump of metal. Biblical manhood is the forged sword that has been tempered and shaped into something useful.

Culture often either portrays a brutal masculinity or a feminized version of masculinity. Essentially, an emasculated version of what it means to be a man.

What did God create men to be like?

Biblical manhood can be boiled down to five basic principles...

- 1) humility before his God,
- 2) control of his appetites,
- 3) protecting his family,
- 4) providing for his family,
- 5) leading his family.

Where are we missing the mark with men?

1. God created the masculine soul with a _____ spirit.

“And Jesus kept increasing in wisdom and stature, and in favor with God and men.” *Luke 2:52 (NASB)*

2. God created the masculine soul to face a _____.

“Jesus, full of the Holy Spirit, returned from the Jordan and was led around by the Spirit in the wilderness for forty days, being tempted by the devil. And He ate nothing during those days, and when they had ended, He became hungry.” *Luke 4:1-2 (NASB)*

“Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.” *Hebrews 12:1-2 (NASB)*

3. God created the masculine soul to make and keep _____.

“Husbands, love your wives, just as Christ also loved the church and gave Himself up for her”
Ephesians 5:25 (NASB)

- Manhood is demanding.